



We build strong kids,
strong families, strong communities.

Job Description

Title: Lifeguard
Reports to: Aquatic Director
Pay Scale: \$8.00-10.00 per hour DOE
Hours: Vary, depending on available shifts
Benefits: YMCA Facility Membership

GENERAL FUNCTION: These general functions will be carried out in keeping with the Goals and Mission of the Sonoma County Family YMCA.

Under the direction of the Aquatic Director this position is responsible for the welfare of all members utilizing the pools and adjacent areas. The lifeguard ensures an atmosphere of discipline, friendliness, and safety within the framework of the Sonoma County YMCA Aquatics programs. YMCA staff must be supportive of other employees and be able to work together as a team. They must present themselves in an exemplary manner while on duty. They must be self-reliant and be able to work well with parents and members. Employees must be willing to be in appropriate uniform at all times and follow dress code standards.

REQUIRED QUALIFICATIONS:

- 15 years of age or older
- Current American Red Cross or YMCA Lifeguard Certificate
- Current American Red Cross First Aid for the Public Safety Personnel – Title 22 certificate
- Current American Red Cross CPR for the Professional Rescuer certificate

JOB RESPONSIBILITIES:

- Monitor pool with constant attention to all swimmers in your area by circulating around pool area.
- Respond promptly and appropriately when rescue or first aid is necessary.
- Know and enforce all pool rules in a respectful manner.
- Test water and record results at scheduled times. Notify supervisor if chlorine or pH is too high or too low, verbally and in writing.
- Keep pool area clean.
- Arrange for coverage of shift in the event of absence.
- Follow lifeguard maintenance schedule for pool/deck cleanings.
- Report to work in appropriate dress and ready to assume responsibilities a minimum of 5 minutes early.
- Take an active role in the monitoring of lap swimmers and ensure proper speed in lane.
- Follow EAP in event of an accident or incident. Complete accident and incident reports.
- Take out and put in lane lines before, during or as your shift ends.
- Attend all staff meetings and training's.
- Ability to interact with members in a friendly and respectful manner.
- Stay in good physical condition to properly perform as a lifeguard.
- Engage in behavior conducive to team building with other staff, such as open communication, encouragement, support and tolerance for each other.
- Act as a role model, carrying out the YMCA 4 core values, representing the YMCA



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KNOW HOW:

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

PHYSICAL DEMANDS:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is regularly required to walk; use hands to finger, handle, or feel objects, tools, or controls; reach with hands and arms; and talk or hear. The employee frequently is required to stand and climb or balance. The employee is occasionally required to sit; stoop, kneel, crouch, or crawl; and smell.

The employee must occasionally lift and/or move up to 40 pounds. Specific vision abilities required by this job include close vision, distance vision, and peripheral vision.

WORK ENVIRONMENT:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is regularly exposed to wet and/or humid conditions. The employee is occasionally exposed to fumes or airborne particles and risk of electrical shock.

The noise level in the work environment is usually moderate to loud.

While performing the duties of this job, the employee occasionally works near moving mechanical parts.

EFFECT ON END RESULTS:

This position will have an impact on the safety of all members and program participants who utilize the aquatic area.

I have read and understand the expectations and duties of the job I am being hired to do.

Employee Signature _____ Date _____